

WEEK OF JANUARY 17TH

MONDAY JANUARY 17TH DELIVERY

46- Gnocchi Skillet with Chicken Sausage & Tomatoes- Fresh vegetables, gnocchi and mild chicken sausage sauteed with basil.

47- Stuffed Chicken Marsala- Creamy marsala wine sauce with mushrooms over chicken breast stuffed with italian cheeses and sundried tomatoes. Served with spinach and rice bake.

WEDNESDAY JANUARY 19TH DELIVERY

48- Sticky Barbecued Chicken- Skin-on bone-in chicken leg quarters with traditional bbq sauce. Served with cheesy potato casserole and chef's strawberry loaded jello mold.

49- Baked Tilapia with Fresh Herbs - Served with pasta lightly tossed with garlic, parmesan cheese and roasted asparagus.

50- Swedish Meatballs- Pork and Beef meatballs in a savory gravy over egg noodles with peas.

AVAILABLE MONDAY AND/OR WEDNESDAY-SALADS (\$10.95), SOUPS (\$3.95), DESSERTS (\$3.50) AND MUFFINS

Classic Tuna Salad-Albacore tuna and hard boiled eggs mixed with mayonnaise served on a bed of romaine lettuce, tomatoes and cucumbers with a dill pickle garnish.

Soups: Lobster Bisque & Split Pea and Ham

Blondie Toffee Crunch Bar- Blondie base studded with white chocolate chunks, semi-sweet chocolate and pieces of heath toffee

Cherry and Blueberry Muffins available Wednesdays- \$.75 each or \$8 per dozen

WEEK OF JANUARY 24TH

MONDAY JANUARY 24TH DELIVERY

51- Italian Sausage and Tomato Pasta- Sweet Italian sausage and tomatoes in a creamy mild garlic sauce over bowtie pasta.

52- Chicken Piccata - A comforting Italian classic made with lemon, butter and capers. Served with mashed potatoes and the chef's choice of vegetable.

WEDNESDAY JANUARY 26TH DELIVERY

53- Beef Stew- Tender chunks of beef roast in a savory gravy with potatoes, carrots, peas and onions.

54- Cheesy Chicken Enchiladas-Tender chicken enchiladas with a mild verde sauce, rice and refried beans.

55- Beer Battered Wild Caught Cod- with homemade macaroni and cheese and green beans.

AVAILABLE MONDAY AND/OR WEDNESDAY-SALADS (\$10.95), SOUPS (\$3.95), DESSERTS (\$3.50) AND MUFFINS

Steak Salad- Sliced marinated steak, bleu cheese and avocado over mixed greens with side of balsamic vinaigrette

Soups: Creamy Mushroom Soup & Tortellini Tomato

Triple Berry Crumble Dessert Bars - Fresh strawberries, raspberries, and a variety of other berries with an oatmeal crust and a traditional golden crumble.

Cherry and Blueberry Muffins available Wednesdays- \$.75 each or \$8 per dozen

WEEK OF JANUARY 31ST

MONDAY JANUARY 31ST DELIVERY

56- Shrimp Tacos - flavorful shrimp served in flour tortillas with lime cilantro slaw, queso cheese and Spanish rice.

57- Artichoke Chicken - Tender chicken breast baked in a velvety sauce of artichoke hearts, garlic, parmesan and spices served with red skinned mashed potatoes on a bed of spinach.

WEDNESDAY FEBRUARY 2ND DELIVERY

58- Shredded Miso Pork - Shredded pork with bamboo shoots and cashews in soy and miso sauce over sticky rice served with green beans.

59- Chicken Parmesan- Lightly breaded chicken breasts over angel hair pasta, covered with chunky tomato vegetable sauce, mozzarella and parmesan cheese

60- Turkey Pot Pie-Traditional comfort dish with a hearty filling and flaky pastry topping.

AVAILABLE MONDAY AND/OR WEDNESDAY-SALADS (\$10.95), SOUPS (\$3.95), DESSERTS (\$3.50) AND MUFFINS

Greek Salad with Oregano Marinated Chicken- Cucumbers, tomatoes, kalamata olives, feta, and red onion on a bed of romaine with greek dressing on the side.

Soups: Cheddar Baked Potato & Chicken and Dumpling

Andes Mint Chocolate Brownies- covered with layers of dark chocolate and creamy mint-flavored frosting, with a topping of crushed Andes mints and a drizzle of green icing.

Cherry and Blueberry Muffins available Wednesdays- \$.75 each or \$8 per dozen

WEEK OF FEBRUARY 7TH

MONDAY FEBRUARY 7TH DELIVERY

61- Sesame Beef Stir-Fry - Chinese style with tender thinly sliced beef, fresh stir-fried vegetables and rice.

62- Stuffed Herbed Chicken - Herb crusted and stuffed with mozzarella and mushrooms. Served with a baked parmesan tomato and skillet fried potatoes.

WEDNESDAY FEBRUARY 9TH DELIVERY

63- Baked Sesame Teriyaki Salmon - Salmon filet baked with homemade teriyaki glaze. Served with sauteed vegetables and brown rice.

64- Alfredo lasagna- Tasty layers of pasta, chicken and spinach baked in a homemade white sauce and a blend of cheeses served with roasted zucchini.

65- Hearty Homemade Meatloaf- Juicy beef meatloaf in traditional sauce with green beans and mashed potatoes.

AVAILABLE MONDAY AND/OR WEDNESDAY-SALADS (\$10.95), SOUPS (\$3.95), DESSERTS (\$3.50) AND MUFFINS

Chicken Fiesta Salad- With corn & black bean relishes topped with grilled chicken & creamy cilantro lime dressing

Soups: Chicken Enchilada Soup & Lentil Soup

Oatmeal Cranberry Walnut Cookies - Made with a hearty blend of oatmeal, tart cranberries, and crunchy walnuts, these cookies have a soft and chewy texture.

Cherry and Blueberry Muffins available Wednesdays- \$.75 each or \$8 per dozen

\$10.95 ea or \$27.95 per family meal (for 2 adults + 2 kids)

**if a recurring payment is set up \$80 min every 4 weeks

\$12.95 ea or \$32.95 per family meal if a la carte

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