

**WEEK OF JANUARY 18TH**

**MONDAY JANUARY 18TH DELIVERY**

**46- Gnocchi Skillet with Chicken Sausage & Tomatoes - New!** Fresh vegetables, gnocchi and mild chicken sausage sauteed with basil.

**47- Stuffed Chicken Marsala-** Creamy marsala wine sauce with mushrooms over chicken breast stuffed with italian cheeses and sundried tomatoes. Served with spinach and rice bake.

**WEDNESDAY JANUARY 20TH DELIVERY**

**48- Sticky Barbecued Chicken-** Skin-on bone-in chicken leg quarters with traditional bbq sauce. Served with cheesy potato casserole and Boder's strawberry loaded jello mold.

**49- Baked Tilapia with Fresh Herbs - New!** Served with pasta lightly tossed with garlic, parmesan cheese and roasted asparagus.

**50- Swedish Meatballs-** Pork and Beef meatballs in a savory gravy over egg noodles with peas.

**AVAILABLE MONDAY AND/OR WEDNESDAY-SALADS (\$10), SOUPS (\$3.75), DESSERTS (\$3.25) AND MUFFINS**

**Chopped Salad with Ramen-** Shredded chicken, cabbage, shredded carrots, green onions, bean sprouts, slivered almonds and crunchy ramen noodles with a sesame dressing

**Soups:** Chicken and Bacon Corn Chowder, Vegetable Beef and Barley

**Andes Mint Chocolate Brownies-** covered with layers of dark chocolate and creamy mint-flavored frosting, with a topping of crushed Andes mints and a drizzle of green icing.

**Boder's Cherry and Blueberry Muffins always available-** \$1 for 2 or \$5 per dozen

**WEEK OF JANUARY 25TH**

**MONDAY JANUARY 25TH DELIVERY**

**51- Italian Sausage and Tomato Pasta-** Sweet Italian sausage and tomatoes in a creamy mild garlic sauce over bowtie pasta.

**52- Chicken Piccata -** A comforting Italian classic made with lemon, butter and capers. Served with mashed potatoes and chef's choice of vegetable. Replaced:

**WEDNESDAY JANUARY 27TH DELIVERY**

**53- Beef Brisket-** Thinly sliced beef brisket with a fennel reduction sauce served with garlic roasted red potatoes and ratatouille.

**54- Cheesy Chicken Enchiladas-**Tender chicken enchiladas with a mild verde sauce, rice and refried beans.

**55- Beer Battered Wild Caught Cod-** with homemade macaroni and cheese and green beans.

**AVAILABLE MONDAY AND/OR WEDNESDAY-SALADS (\$10), SOUPS (\$3.75), DESSERTS (\$3.25) AND MUFFINS**

**Boder's Tuna Salad-**Albacore tuna and hard boiled eggs mixed with mayonnaise served on a bed of romaine lettuce, tomatoes and cucumbers with a dill pickle garnish.

**Soups:** Lobster Bisque & Split Pea and Ham

**Oatmeal Cranberry Walnut Cookies -** Made with a hearty blend of oatmeal, tart cranberries, and crunchy walnuts, these cookies have a soft and chewy texture.

**Boder's Cherry and Blueberry Muffins always available-** \$1 for 2 or \$5 per dozen

## WEEK OF FEBRUARY 1ST

### MONDAY FEBRUARY 1ST DELIVERY

- 56- Shrimp Tacos - flavorful shrimp served in flour tortillas with lime cilantro slaw, queso cheese and Spanish rice.  
57- Artichoke Chicken - Tender chicken breast baked in a velvety sauce of artichoke hearts, garlic, parmesan and spices served with red skinned mashed potatoes on a bed of spinach.

### WEDNESDAY FEBRUARY 3rd DELIVERY

- 58- Shredded Miso Pork - Shredded pork with bamboo shoots and cashews in soy and miso sauce over sticky rice served with green beans.  
59- Chicken Parmesan- Lightly breaded chicken breasts over angel hair pasta, covered with chunky tomato vegetable sauce, mozzarella and parmesan cheese  
60- Turkey Pot Pie-Traditional comfort dish with a hearty filling and flaky pastry topping.

### AVAILABLE MONDAY AND/OR WEDNESDAY-SALADS (\$10), SOUPS (\$3.75), DESSERTS (\$3.25) AND MUFFINS

- Steak Salad**- Sliced marinated steak, bleu cheese and avocado over mixed greens with side of balsamic vinaigrette  
**Soups:** Creamy Mushroom Soup & Tortellini Tomato  
**Caramel Apple Bars**- Apple chunks and custard on granola-shortbread, topped with caramel  
**Boder's Cherry and Blueberry Muffins always available**- \$1 for 2 or \$5 per dozen

## WEEK OF FEBRUARY 8TH

### MONDAY FEBRUARY 8TH DELIVERY

- 61- Sesame Beef Stir-Fry - Chinese style with tender thinly sliced beef, fresh stir-fried vegetables and rice.  
62- Stuffed Herbed Chicken - Herb crusted and stuffed with mozzarella and mushrooms. Served with a baked parmesan tomato and skillet fried potatoes.

### WEDNESDAY FEBRUARY 10TH DELIVERY

- 63- Baked Sesame Teriyaki Salmon - Salmon fillet baked with homemade teriyaki glaze. Served with sauteed vegetables and brown rice.  
64- Alfredo lasagna- Tasty layers of pasta, chicken and spinach baked in a homemade white sauce and a blend of cheeses served with roasted zucchini.  
65- Boder's Homemade Meatloaf- Juicy beef meatloaf in traditional sauce with green beans and mashed potatoes.

### AVAILABLE MONDAY AND/OR WEDNESDAY-SALADS (\$10), SOUPS (\$3.75), DESSERTS (\$3.25) AND MUFFINS

- Greek Salad with Oregano Marinated Chicken**- Cucumbers, tomatoes, kalamata olives, feta, and red onion on a bed of romaine with greek dressing on the side.  
**Soups:** Cheddar Baked Potato & Chicken and Dumpling  
**French Cream Cheesecake** - Light texture with a hint of lemon on an oatmeal crumb crust.  
**Boder's Cherry and Blueberry Muffins always available**- \$1 for 2 or \$5 per dozen

**\$10 ea or \$25 per family meal (for 2 adults + 2 kids)**

\*\*if a recurring plan is ordered, \$80 min per 4 week period

**\$12 ea or \$30 per family meal if a la carte**

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