

WEEK OF JANUARY 24TH

MONDAY JANUARY 24TH DELIVERY

51- Italian Sausage and Tomato Pasta- Sweet Italian sausage and tomatoes in a creamy mild garlic sauce over bowtie pasta.

52- Chicken Piccata - A comforting Italian classic made with lemon, butter and capers. Served with mashed potatoes and the chef's choice of vegetable.

WEDNESDAY JANUARY 26TH DELIVERY

53- Beef Stew- Tender chunks of beef roast in a savory gravy with potatoes, carrots, peas and onions.

54- Cheesy Chicken Enchiladas-Tender chicken enchiladas with a mild verde sauce, rice and refried beans.

55- Beer Battered Wild Caught Cod- with homemade macaroni and cheese and green beans.

AVAILABLE MONDAY AND/OR WEDNESDAY-SALADS (\$10.95), SOUPS (\$3.95), DESSERTS (\$3.50) AND MUFFINS

Steak Salad- Sliced marinated steak, bleu cheese and avocado over mixed greens with side of balsamic vinaigrette

Soups: Creamy Mushroom Soup & Tortellini Tomato

Triple Berry Crumble Dessert Bars - Fresh strawberries, raspberries, and a variety of other berries with an oatmeal crust and a traditional golden crumble.

Cherry and Blueberry Muffins available Wednesdays- \$.75 each or \$8 per dozen

WEEK OF JANUARY 31ST

MONDAY JANUARY 31ST DELIVERY

56- Shrimp Tacos - flavorful shrimp served in flour tortillas with lime cilantro slaw, queso cheese and Spanish rice.

57- Artichoke Chicken - Tender chicken breast baked in a velvety sauce of artichoke hearts, garlic, parmesan and spices served with red skinned mashed potatoes on a bed of spinach.

WEDNESDAY FEBRUARY 2ND DELIVERY

58- Shredded Miso Pork - Shredded pork with bamboo shoots and cashews in soy and miso sauce over sticky rice served with green beans.

59- Chicken Parmesan- Lightly breaded chicken breasts over angel hair pasta, covered with chunky tomato vegetable sauce, mozzarella and parmesan cheese

60- Turkey Pot Pie-Traditional comfort dish with a hearty filling and flaky pastry topping.

AVAILABLE MONDAY AND/OR WEDNESDAY-SALADS (\$10.95), SOUPS (\$3.95), DESSERTS (\$3.50) AND MUFFINS

Greek Salad with Oregano Marinated Chicken- Cucumbers, tomatoes, kalamata olives, feta, and red onion on a bed of romaine with greek dressing on the side.

Soups: Cheddar Baked Potato & Chicken and Dumpling

Andes Mint Chocolate Brownies- covered with layers of dark chocolate and creamy mint-flavored frosting, with a topping of crushed Andes mints and a drizzle of green icing.

Cherry and Blueberry Muffins available Wednesdays- \$.75 each or \$8 per dozen

WEEK OF FEBRUARY 7TH

MONDAY FEBRUARY 7TH DELIVERY

- 61- **Sesame Beef Stir-Fry** - Chinese style with tender thinly sliced beef, fresh stir-fried vegetables and rice.
- 62- **Stuffed Herbed Chicken** - Herb crusted and stuffed with mozzarella and mushrooms. Served with a baked parmesan tomato and skillet fried potatoes.

WEDNESDAY FEBRUARY 9TH DELIVERY

- 63- **Baked Sesame Teriyaki Salmon** - Salmon filet baked with homemade teriyaki glaze. Served with sauteed vegetables and brown rice.
- 64- **Alfredo lasagna**- Tasty layers of pasta, chicken and spinach baked in a homemade white sauce and a blend of cheeses served with roasted zucchini.
- 65- **Hearty Homemade Meatloaf**- Juicy beef meatloaf in traditional sauce with green beans and mashed potatoes.

AVAILABLE MONDAY AND/OR WEDNESDAY-SALADS (\$10.95), SOUPS (\$3.95), DESSERTS (\$3.50) AND MUFFINS

Chicken Fiesta Salad- With corn & black bean relishes topped with grilled chicken & creamy cilantro lime dressing

Soups: Chicken Enchilada Soup & Lentil Soup

Oatmeal Cranberry Walnut Cookies - Made with a hearty blend of oatmeal, tart cranberries, and crunchy walnuts, these cookies have a soft and chewy texture.

Cherry and Blueberry Muffins available Wednesdays- \$.75 each or \$8 per dozen

WEEK OF FEBRUARY 14TH

MONDAY FEBRUARY 14TH DELIVERY

- 1- **Chicken Stroganoff** - A new twist on a traditional favorite. Sliced chicken breast covered in a velvety Stroganoff sauce with mushrooms and sherry on a bed of egg noodles. Served with roasted vegetables.
- 2- **Pork Chops with Sauerkraut**- Traditional dish with brown gravy and mashed potatoes.

WEDNESDAY FEBRUARY 16TH DELIVERY

- 3- **Lasagna**-Traditional Italian favorite with sausage and ground beef served with seasonal vegetables.
- 4- **Spanish Paella**-Saffron rice with dark meat chicken, jumbo shrimp, sausage and roasted tomatoes.
- 5- **Oven Baked Glazed Ham**- Served with scalloped potatoes and peas.

AVAILABLE MONDAY AND/OR WEDNESDAY-SALADS (\$10.95), SOUPS (\$3.95), DESSERTS (\$3.50) AND MUFFINS

Spinach and Fruit Salad – Fresh spinach with red grapes, strawberries and walnuts with a homemade sweet celery seed dressing, topped with a grilled chicken breast.

Soups: Cheddar Broccoli & Old Fashioned Bean and Ham

Caramel Apple Bars- Apple chunks and custard on granola-shortbread, topped with caramel

Cherry and Blueberry Muffins available Wednesdays- \$.75 each or \$8 per dozen

\$10.95 ea or \$27.95 per family meal (for 2 adults + 2 kids)

**if a recurring payment is set up \$80 min every 4 weeks

\$12.95 ea or \$32.95 per family meal if a la carte

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