

WEEK OF MAY 2ND

MONDAY MAY 2ND DELIVERY

56- Shrimp Tacos - flavorful shrimp served in flour tortillas with lime cilantro slaw, queso cheese and Spanish rice.

57- Artichoke Chicken - Tender chicken breast baked in a velvety sauce of artichoke hearts, garlic, parmesan and spices served with red skinned mashed potatoes on a bed of spinach.

WEDNESDAY MAY 4TH DELIVERY

58- Shredded Miso Pork - Shredded pork with bamboo shoots and cashews in soy and miso sauce over sticky rice served with green beans.

59- Chicken Parmesan- Lightly breaded chicken breasts over angel hair pasta, covered with chunky tomato vegetable sauce, mozzarella and parmesan cheese

60- Turkey Pot Pie-Traditional comfort dish with a hearty filling and flaky pastry topping.

AVAILABLE MONDAY AND/OR WEDNESDAY-SALADS (\$10.95), SOUPS (\$3.95), DESSERTS (\$3.50) AND MUFFINS

Thai Cobb Salad – Romaine lettuce topped with shredded chicken, avocado, cilantro, tomatoes, red peppers and snow peas. Served with a peanut sesame dressing.

Soups: Chicken and Wild Rice & Tomato Basil Monday and/or Wednesday

Caramel Apple Bars- Apple chunks and custard on granola-shortbread, topped with caramel

Cherry and Blueberry Muffins available Wednesdays- \$.75 each or \$8 per dozen

WEEK OF MAY 9TH

MONDAY MAY 9TH DELIVERY

61- Sesame Beef Stir-Fry - Chinese style with tender thinly sliced beef, fresh stir-fried vegetables and rice.

62- Stuffed Herbed Chicken - Herb crusted and stuffed with mozzarella and mushrooms. Served with a baked parmesan tomato and skillet fried potatoes.

WEDNESDAY MAY 11TH DELIVERY

63- Baked Sesame Teriyaki Salmon - Salmon filet baked with homemade teriyaki glaze. Served with sauteed vegetables and brown rice.

64- Alfredo lasagna- Tasty layers of pasta, chicken and spinach baked in a homemade white sauce and a blend of cheeses served with roasted zucchini.

65- Hearty Homemade Meatloaf- Juicy beef meatloaf in traditional sauce with green beans and mashed potatoes.

AVAILABLE MONDAY AND/OR WEDNESDAY-SALADS (\$10.95), SOUPS (\$3.95), DESSERTS (\$3.50) AND MUFFINS

Fresh Chilled Chicken Salad- White chicken pieces mixed with celery and mayonnaise served on a bed of romaine lettuce, tomatoes and cucumbers with a dill pickle garnish.

Soups: Butternut Squash Bisque & Chicken Noodle Monday and/or Wednesday

French Cream Cheesecake - Light texture with a hint of lemon on an oatmeal crumb crust.

Cherry and Blueberry Muffins available Wednesdays- \$.75 each or \$8 per dozen

WEEK OF MAY 16TH

MONDAY MAY 16TH DELIVERY

- 1- **Chicken Stroganoff** - A new twist on a traditional favorite. Sliced chicken breast covered in a velvety Stroganoff sauce with mushrooms and sherry on a bed of egg noodles. Served with roasted vegetables.
- 2- **Pork Chops with Sauerkraut**- Traditional dish with brown gravy and mashed potatoes.

WEDNESDAY MAY 18TH DELIVERY

- 3- **Lasagna**-Traditional Italian favorite with sausage and ground beef served with seasonal vegetables.
- 4- **Spanish Paella**-Saffron rice with dark meat chicken, jumbo shrimp, sausage and roasted tomatoes.
- 5- **Oven Baked Glazed Ham**- Served with scalloped potatoes and peas.

AVAILABLE MONDAY AND/OR WEDNESDAY-SALADS (\$10.95), SOUPS (\$3.95), DESSERTS (\$3.50) AND MUFFINS

Mediterranean Hummus Salad- Flavorful medley of fresh ingredients, couscous, tomato and cucumber.

Soups: Cheesy Vegetable & Italian Wedding

Carrot Cake - Moist and flavorful with sweet spices and creamy fresh cream cheese frosting. **Contains nuts

Cherry and Blueberry Muffins available Wednesdays- \$.75 each or \$8 per dozen

WEEK OF MAY 23RD

MONDAY MAY 23RD DELIVERY

- 6- **Salisbury Steak** - Traditional ground beef steak with mushrooms and a hearty brown gravy served with mashed potatoes and peas.
- 7- **Chicken a laodka**- Sliced grilled chicken breast over penne pasta with a vodka tomato cream sauce topped with crumbled bacon served with green beans.

WEDNESDAY MAY 25TH DELIVERY

- 8- **Crispy Chicken Cordon Bleu**- Baked breaded chicken breasts stuffed with ham and swiss cheese served with mushroom risotto and broccoli.
- 9- **Coca Cola Pork**-Slow cooked pork made with Coca Cola served with glazed carrots and au gratin potatoes.
- 10-**Pesto Salmon**- Fresh salmon filet over fettuccine alfredo with a colorful roasted vegetable medley.

AVAILABLE MONDAY AND/OR WEDNESDAY-SALADS (\$10.95), SOUPS (\$3.95), DESSERTS (\$3.50) AND MUFFINS

Delish Chef's Salad - Thinly sliced ham and turkey, hard boiled eggs and cheddar cheese with romaine lettuce and a variety of chopped vegetables. Served with a side of Ranch Dressing.

Soups: New England Clam Chowder & Turkey Chili Monday and/or Wednesday

Meltaway Bars- Dark chocolate, milk chocolate, walnuts, butterscotch, and slices of toasted coconut are all layered on a buttery graham base with cinnamon.

Cherry and Blueberry Muffins available Wednesdays- \$.75 each or \$8 per dozen

\$10.95 ea or \$27.95 per family meal (for 2 adults + 2 kids)

**if a recurring payment is set up \$80 min every 4 weeks

\$12.95 ea or \$32.95 per family meal if a la carte

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