

WEEK OF AUGUST 8TH

MONDAY AUGUST 8TH DELIVERY

61- **Sesame Beef Stir-Fry** - Chinese style with tender thinly sliced beef, fresh stir-fried vegetables and rice.

62- **Stuffed Herbed Chicken** - Herb crusted and stuffed with mozzarella and mushrooms. Served with a baked parmesan tomato and skillet fried potatoes.

WEDNESDAY AUGUST 10TH DELIVERY

63- **Baked Sesame Teriyaki Salmon** - Salmon filet baked with homemade teriyaki glaze. Served with sauteed vegetables and brown rice.

64- **Alfredo lasagna**- Tasty layers of pasta, chicken and spinach baked in a homemade white sauce and a blend of cheeses served with roasted zucchini.

65- **Hearty Homemade Meatloaf**- Juicy beef meatloaf in traditional sauce with green beans and mashed potatoes.

AVAILABLE MONDAY AND/OR WEDNESDAY-SALADS (\$10.95), SOUPS (\$3.95), DESSERTS (\$3.50) AND MUFFINS

Fresh Chilled Chicken Salad- White chicken pieces mixed with celery and mayonnaise served on a bed of romaine lettuce, tomatoes and cucumbers with a dill pickle garnish.

Soups: Butternut Squash Bisque & Chicken Noodle Monday and/or Wednesday

French Cream Cheesecake - Light texture with a hint of lemon on an oatmeal crumb crust.

Cherry and Blueberry Muffins available Wednesdays- \$.75 each or \$8 per dozen

WEEK OF AUGUST 15TH

MONDAY AUGUST 15TH DELIVERY

1- **Chicken Stroganoff** - A new twist on a traditional favorite. Sliced chicken breast covered in a velvety Stroganoff sauce with mushrooms and sherry on a bed of egg noodles. Served with roasted vegetables.

2- **Oven Baked Glazed Ham**- Served with scalloped potatoes and peas.

WEDNESDAY AUGUST 17TH DELIVERY

3- **Lasagna**-Traditional Italian favorite with sausage and ground beef served with seasonal vegetables.

4- **Spanish Paella**-Saffron rice with dark meat chicken, jumbo shrimp, sausage and roasted tomatoes.

5- **Pork Chops with Sauerkraut**- Traditional dish with brown gravy and mashed potatoes.

AVAILABLE MONDAY AND/OR WEDNESDAY-SALADS (\$10.95), SOUPS (\$3.95), DESSERTS (\$3.50) AND MUFFINS

Mediterranean Hummus Salad- Flavorful medley of fresh ingredients, couscous, tomato and cucumber.

Soups: Cheesy Vegetable & Italian Wedding

Carrot Cake - Moist and flavorful with sweet spices and creamy fresh cream cheese frosting. **Contains nuts

Cherry and Blueberry Muffins available Wednesdays- \$.75 each or \$8 per dozen

WEEK OF AUGUST 22ND

MONDAY AUGUST 22ND DELIVERY

6- **Salisbury Steak** - Traditional ground beef steak with mushrooms and a hearty brown gravy served with mashed potatoes and peas.

7- **Chicken a la Vodka**- Sliced grilled chicken breast over penne pasta with a vodka tomato cream sauce topped with crumbled bacon served with green beans.

WEDNESDAY AUGUST 24TH DELIVERY

8- **Crispy Chicken Cordon Bleu**- Baked breaded chicken breasts stuffed with ham and swiss cheese served with mushroom risotto and broccoli.

9- **Coca Cola Pork**-Slow cooked pork made with Coca Cola served with glazed carrots and au gratin potatoes.

10-**Pesto Salmon**- Fresh salmon filet over fettuccine alfredo with a colorful roasted vegetable medley.

AVAILABLE MONDAY AND/OR WEDNESDAY-SALADS (\$10.95), SOUPS (\$3.95), DESSERTS (\$3.50) AND MUFFINS

Caprese Salad **NEW – Fresh Mozzarella, tomatoes, fresh basil and mixed greens served with baguettes drizzled with a robust balsamic reduction.

Soups: New England Clam Chowder & Turkey Chili Monday and/or Wednesday

Meltaway Bars- Dark chocolate, milk chocolate, walnuts, butterscotch, and slices of toasted coconut are all layered on a buttery graham base with cinnamon.

Cherry and Blueberry Muffins available Wednesdays- \$.75 each or \$8 per dozen

WEEK OF AUGUST 29TH

MONDAY AUGUST 29TH DELIVERY

11- **Spaghetti With Meatballs**-Traditional dish with fresh basil and handmade Sicilian style meatballs.

12.- **Bacon Wrapped Pork Loin**- With balsamic glaze, baked apple cranberry compote and roasted red potatoes

WEDNESDAY AUGUST 31ST DELIVERY

13- **Chicken Broccoli and Rice Casserole** Classic comfort casserole with pulled chicken, broccoli, cheese and rice.

14- **Tender Barbecued Baby Back Ribs**- Served with corn and traditional German potato salad.

15- **Shrimp Cakes** - served with coleslaw and vegetable fried rice

SALADS (\$10.95), SOUPS (\$3.95), DESSERTS (\$3.50) AND MUFFINS

****NEW!- Classic Egg Salad**-Hard boiled eggs mixed with mayonnaise and chef's special touches. Served on a bed of lettuce, tomatoes and cucumbers.

Soups: Cheddar Baked Potato & Split Pea and Ham Monday and/or Wednesday

Key Lime Pie - Whipped cream and toasted coconut decorate tart Key lime mousse on a graham cracker crust

Cherry and Blueberry Muffins available Wednesdays- \$.75 each or \$8 per dozen

\$10.95 ea or \$27.95 per family meal (for 2 adults + 2 kids)

**if a recurring payment is set up \$80 min every 4 weeks

\$12.95 ea or \$32.95 per family meal if a la carte

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