

**WEEK OF SEPTEMBER 9TH**

**MONDAY SEPTEMBER 9TH DELIVERY**

- 21- Oven Baked Tilapia**-Flaky mild white fish filets with tomatoes and olives served with roasted vegetables and rice.  
**22- Chicken Fettuccine Alfredo** - classic creamy alfredo sauce over sliced chicken breast, served with Caesar salad

**WEDNESDAY SEPTEMBER 11TH DELIVERY** **Be sure to order enough to get through the weekend!**

- 23- Teriyaki Chicken Rice Bowl**- Juicy chicken, crisp veggies, rice, and a homemade teriyaki sauce.  
**24- Pork Tenderloin with a Seasoned Rub** - served with a sweet potato mash and sauteed brussel sprouts.  
**25- Hearty Homemade Meatloaf**- Juicy beef meatloaf in traditional sauce with parsley buttered cauliflower and mashed potatoes.

**Cherry and Blueberry Muffins available Wednesday-** \$1.50 each or \$12 per dozen

**AVAILABLE MONDAY AND/OR WEDNESDAY-SALADS (\$11.95), SOUPS (\$3.95), DESSERTS (\$3.50)**

**Greek Salad with Oregano Marinated Chicken**- Cucumbers, tomatoes, kalamata olives, feta, and red onion on a bed of romaine with greek dressing on the side.

**Soups:** Chicken and Wild Rice & Old Fashioned Bean and Ham Monday and/or Wednesday

**Salted Caramel Pretzel Brownies**- Salty pretzel crust and creamy caramel drizzle on a rich fudgy brownie. Decadent indulgence!

**WEEK OF SEPTEMBER 16TH**

**MONDAY SEPTEMBER 16TH DELIVERY**

- 26- Chicken Oscar**- Sauteed chicken breast topped with asparagus and seafood covered in a delicate Hollandaise sauce. Served with stuffing.  
**27- Shepherd's Pie**- English favorite with seasoned ground beef, vegetables and creamy mashed potatoes.

**WEDNESDAY SEPTEMBER 18TH DELIVERY** **Be sure to order enough to get through the weekend!**

- 28- Bourbon Chicken**-Glazed New Orleans style with rice and roasted root vegetables  
**29- Lasagna**-Traditional Italian favorite with sausage and ground beef served with seasonal vegetables.  
**30- Shrimp Scampi**-Plump shrimp cooked in a light delicate buttery garlic wine sauce served with angel hair pasta and roasted vegetables.

**Apple Turnovers (\$3.50) and Chef's Special Cheese and Vegetable Frittata (\$3.95) available Wednesdays.**

**AVAILABLE MONDAY AND/OR WEDNESDAY-SALADS (\$11.95), SOUPS (\$3.95), DESSERTS (\$3.50)**

**Grilled Chicken Caesar Salad**- Traditional recipe with croutons, parmesan cheese and caesar dressing topped with tender chicken slices.

**Soups:** Chicken Enchilada Soup & French Onion Soup Monday and/or Wednesday

**Raspberry Almond Shortbread**- Shortbread crust backed with raspberry fruit and almond frangipane layer. Finished with glazed, toasted almonds

**WEEK OF SEPTEMBER 23TH**

**MONDAY SEPTEMBER 23RD DELIVERY**

**31- Havarti Chicken-** Chicken breast and grilled portobellos in a Havarti cheese and dill sauce with cornbread stuffing and green beans.

**32- Skillet Ravioli with Spinach-**Flavorful cheese ravioli skillet sauteed in a tangy tomato sauce with spinach.

**WEDNESDAY SEPTEMBER 25TH DELIVERY** **Be sure to order enough to get through the weekend!**

**33- Beef Stroganoff-** Traditional dish in a savory sauce with fresh mushrooms and a hint of sherry. Served with peas and egg noodles.

**34- Salmon Filet-** Topped with a dill hollandaise sauce. Served with vegetable risotto.

**35- German Pork Schnitzel-** Breaded pork cutlet with spaetzle and red cabbage.

**Blueberry Tarts (\$3.50) and Chef's Special Crustless Quiche (\$3.95) available Wednesdays.**

**AVAILABLE MONDAY AND/OR WEDNESDAY-SALAD (\$11.95), SOUPS (\$3.95), DESSERT (\$3.50)**

**Grilled Chicken Fiesta Salad-** With corn & black bean relishes topped with grilled chicken & creamy cilantro lime dressing

**Soups:** Chicken and Dumpling & Turkey Chili

**French Cream Cheesecake -** Light texture with a hint of lemon on an oatmeal crumb crust.

**WEEK OF SEPTEMBER 30TH**

**MONDAY SEPTEMBER 30TH DELIVERY**

**36.- Baked Sesame Teriyaki Salmon -** Salmon filet baked with homemade teriyaki glaze. Served with sauteed vegetables and brown rice.

**37- Pan Seared Steak-** With garlic butter and mushrooms. Served with a baked potato and green beans.

**WEDNESDAY OCTOBER 2ND DELIVERY** **Be sure to order enough to get through the weekend!**

**38- Breaded Lemon Chicken-**Breaded chicken breast with a lemon alfredo over penne pasta with parmesan crusted zucchini boats.

**39- Classic English Pot Roast-**Slow cooked beef roast with potatoes, carrots and onions.

**40- Shrimp Fried Rice -** Fresh and Flavorful with colorful veggies. A lovely mildly seasoned mixture. Better than take out!

**Cherry Tarts (\$3.50) and Chef's Special Egg Strata (\$3.95) available Wednesdays.**

**AVAILABLE MONDAY AND/OR WEDNESDAY -SALAD (\$11.95), SOUPS (\$3.95), DESSERTS (\$3.50)**

**Classic Tuna Salad-**Albacore tuna and hard boiled eggs mixed with mayonnaise served on a bed of romaine lettuce, tomatoes and cucumbers with a dill pickle garnish.

**Soups:** Chicken and Bacon Corn Chowder & Vegetable Beef and Barley Monday and/or Wednesday

**Pecan Pie Bars-** Buttery toasted pecan bars with bits of chocolate topped with pecan halves.

**\$11.95 ea or \$29.95 per family meal (for 2 adults + 2 kids)**

**\*\*if we can put \$80 on your account at a time to be used**

**toward meals \$13.95 ea or \$34.95 per family meal if a la carte**

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